



**RILEY PARK  
COMMUNITY GARDEN**  
a food security project

# Riley Park Community Garden

## 2022 Infographic



**Riley Park Community Garden** is a food security project of Little Mountain Neighbourhood House Society (LMNHS). We aim to address food security and community involvement, and bring our community members closer through participation, education and events. The garden is an inclusive gathering point reflecting our core visions to improve food security, ecological sustainability and community development.

2022 was a year of recovery. We provided more food to more of our community as rising costs made it harder to buy healthy, culturally appropriate food. We addressed the needs of our community, strengthened our existing connections and forged new ones.

### Gardening workshops

Open to the community, we offered seasonal planting workshops to support our community to grow their own food.

We held 7 workshops on topics including ethnobotany, summer pruning, seed saving, growing great garlic, tool maintenance, and more.

### Guided work parties

Master Gardeners led our twice weekly work parties and included lessons on growing our own food. The garden has a communal model of gardening which means we share the work and share the harvest. There are no waitlists – just a willingness to show up and join in the fun of growing our own food! Our produce supports our gardeners and our food literacy programs.

**64**

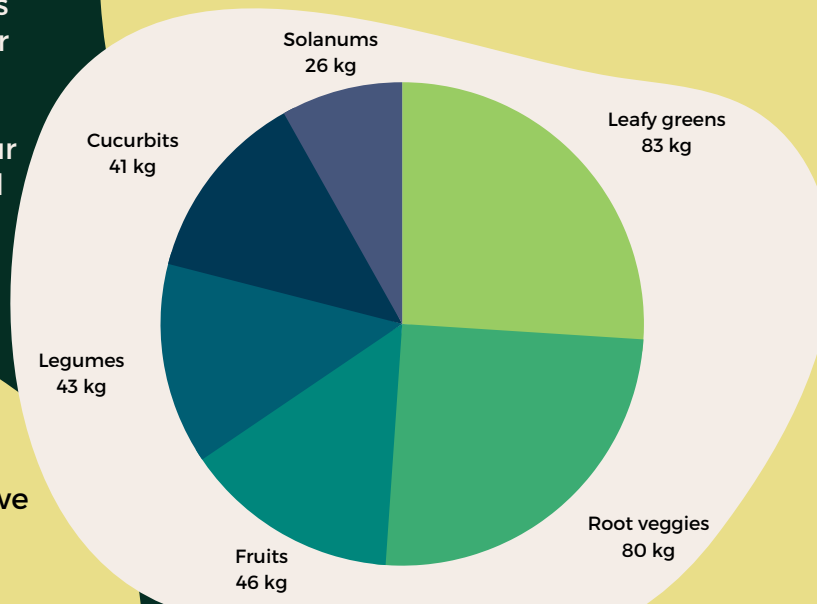
guided work parties hosted

**88**

unique gardeners attended work parties

**734**

hours volunteered



### Work party harvests

At guided work parties, we used 1,065 square metres of land to grow **319 kg** of fresh produce,<sup>1</sup> worth \$2,229 and equal to 578 healthy meals.<sup>2</sup>

Leafy greens	Root veggies	Fruits	Legumes	Solanums	Cucurbits
spinach lettuce herbs brassicas	beets carrots garlic leeks onions	berries figs	beans peas	tomatoes peppers eggplants	cucumbers squash
10 types	10 types	6 types	5 types	7 types	2 types
64 varieties	31 varieties	9 varieties	18 varieties	15 varieties	39 varieties <sup>1</sup>

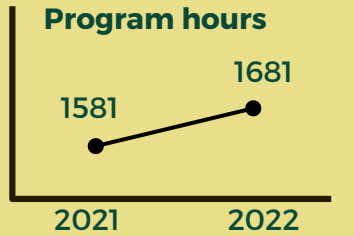
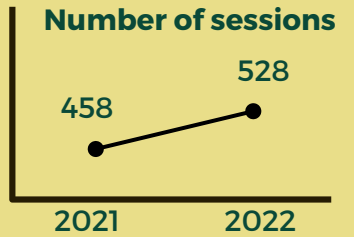
# Ecoliteracy and education

We focused on ecoliteracy and biodiversity lessons for the LMNHS Summer Campers, and SPEC delivered lessons with Brock Elementary School students. Paper making and adding pollinator seeds was fun for the community. We offered more programs that are place and nature based, including the LMNHS Early Years.

**16**  
facilitators  
and cultural  
practitioners

**173**  
sessions  
for youth

**355**  
sessions  
for adults



## Lunches and snacks

We gathered around our food and shared stories of our cultures with recipes. We offered cooking in the garden series for seniors on the BC Farmers Market Nutrition Coupon Program, lunches for our seniors in the park days, and hosted gardeners' lunches and recognition celebrations.



**18**  
partners

**512**  
meals

**16**  
celebrations

## Stay connected

- Riley Park Community Garden
- rileyparkcommunitygarden
- RileyParkCG
- rileyparkgarden.org
- 50 East 30th Avenue

<sup>1</sup> 2022 Riley Park Community Garden Planting & Harvest Data.

<sup>2</sup> Dollar and meal conversion rates from Vancouver Food Runners, 2021 Annual Report.

## Outreach

The garden is an inclusive gathering place. We hosted a diverse range of events for many different audiences, including: line dancing, pole walking and days in the park for seniors, Mid-Autumn Festival, Sounds of Summer and our Strawberry Tea.



**LITTLE MOUNTAIN**  
NEIGHBOURHOOD HOUSE  
NEIGHBOUR HELPING NEIGHBOUR



Funded by the  
Government of Canada's  
New Horizons for Seniors Program

